

# PARENT RESOURCES FOR REMOTE LEARNING

## SEL IN AN UNPLANNED HOME SCHOOL SETTING



With nationwide school closures in effect, many households have become unplanned home schools, and parents have become teachers, with all of the responsibilities that go with the job, including setting the climate for learning, managing “student” behavior, and supporting student motivation. There are a few things that parents as teachers can do right now that can make their teaching experience, and the experience of their children, go well.

## #IAMPRESENT

Mindfulness, also known as mindful awareness, is about being fully aware in the present moment and not getting carried away by our thoughts and emotions. Daily mindfulness practice with #IAMPresent helps families reduce stress and create a positive change in their world.



## CASEL CARES: SEL RESOURCE DURING COVID-19



As the country and the world respond to the coronavirus (COVID-19), we are all feeling a range of emotions. At CASEL, we understand how important it is to attend to the social and emotional needs that arise during times like these. SEL offers a powerful means to explore and express our emotions, build relationships, and support each other – children and adults alike – during this challenging time.

## KHAN ACADEMY

Covid-19 Resources for parents to use with their children to continue learning and growing.



## APPS FOR STUDENTS WITH SPECIAL NEEDS—AS SCHOOL BUILDINGS SHUTTER



The coronavirus creates a unique challenge for students with special needs—educators share recommendations for apps to support learning at home.

## LEARNING KEEPS GOING

The COVID-19 Education Coalition is a community of nonprofit organizations who have come together to support the education field as they keep the learning going during extended school closures.



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**WE ARE TEACHERS**

## 275+ AMAZING ONLINE LEARNING RESOURCES

This growing list of online learning resources offers a wealth of resources for all ages of students, parents, and teachers.

## SCHOLASTIC LEARN AT HOME

Day-by-day projects to keep kids reading, thinking, and growing.



## SCHOOL'S OUT: A PARENTS' GUIDE FOR MEETING THE CHALLENGE DURING THE COVID-19 PANDEMIC

Suggestions for parents to help make the most of their child's time off from school, while keeping in mind child development and children's reactions to stressful and changing situations.

## RESOURCES FOR FAMILIES DURING THE CORONAVIRUS PANDEMIC

Navigate social distancing and school closures with quality media and at-home learning opportunities for your kids.



## SUPPORTING CHILDREN AND FAMILIES DURING THE COVID-19 PANDEMIC

Guidance, toolkits, and handouts for supporting children during the Covid-19 pandemic.



## RESOURCES FOR FAMILIES DURING THE COVID-19 PANDEMIC

Faculty members and graduate students in the Department of Family Science have created several resource guides for families and children in the context of the COVID-19 pandemic.